

MLU Menu

Breakfast Foods are offered with fresh fruit and milk Each day we offer a breakfast food from the following breakfast foods menu:

PANCAKES - PEPPERIDGE FARMS RAISEN CINNAMON SWIRL BREAD- WAFFLES - FRENCH TOAST - CEREALS - CROISSANTS - MUFFINS - FRESH FRUIT -YOGURT - CREAM CHEESE - Condiments: STRAWBERRY & BLUEBERRY JAM - AGAVE - FRESH FRUIT SMOOTHIE - OATMEAL - SCARMBLED EGG PATTY - TURKEY SAUSAGE - HASH BROWNS

We offer Milk and Water with Every Meal We Offer Fresh Seasonal Fruits and Veggies with Breakfast and Lunch

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HAPPY MONDAY	TERRIFIC TUESDAY	AMAZING WEDNESDAY	AWESOME THURSDAY	FABULOUS FRIDAY		
Marinara Pasta w/ Italian Bread Veggies Apple Slices	Chicken Tenders/Veggie Nuggets, Jasmine Rice, and Veggies w/ Orange Wedges	Fish Sticks, Egg Noddles in Alfredo Sauce w/Apple Slices	Turkey/Beef/Veggie Meatballs, Mash potatoes, and Veggies w/ Melon Slices	Pizza Party! Served with Family Style Veggies and Fruit Salad		
	Vegetarian Option:	Vegetarian Option:	Vegetarian Option:			
	Veggie Nuggets Jamine Rice, and Veggies w/ Orange Wedges	Spanakopita, Egg Noddles in Alfredo Sauce w/Apple Slices	Veggie Meatballs, Mash potatoes, and Veggies w/Melon Slices			
Lunch Week # 2						
HAPPY MONDAY	TERRIFIC TUESDAY	AMAZING WEDNESDAY	AWESOME THURSDAY	FABULOUS FRIDAY		
Marinara Pasta w/ Italian	Chicken Tenders/Veggie Nuggets, Jasmine Rice, and Veggies w/ Orange Wedges	Fish Sticks, Egg Noddles in Alfredo Sauce w/Apple Slices	Turkey/Beef/Veggie Meatballs, Mash potatoes, and Veggies w/ Melon Slices	Pizza Party!		
Bread Veggies	Vegetarian Option:	Vegetarian Option:	Vegetarian Option:	Served with Family Style Veggies and		
Apple Slices	Veggie Nuggets Jamine Rice, and Veggies w/ Orange Wedges	Spanakopita, Egg Noddles in Alfredo Sauce w/Apple Slices	Veggie Meatballs, Mash potatoes, and Veggies w/Melon Slices	Fruit Salad		
		Lunch Week # 3				
HAPPY MONDAY	TERRIFIC	AMAZING	AWESOME	FABULOUS		
	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Marinara Pasta w/ Italian	TÜEŞDAY Chicken Tenders/Veggie Nuggets, Jasmine Rice, and Veggies w/ Orange Wedges	WEDNESDAY Fish Sticks, Egg Noddles in Alfredo Sauce w/Apple Slices	THURSDAY Turkey/Beef/Veggie Meatballs, Mash potatoes, and Veggies w/ Melon Slices	Pizza Party!		
Bread Veggies	Chicken Tenders/Veggie Nuggets, Jasmine Rice, and Veggies w/	Fish Sticks, Egg Noddles in Alfredo Sauce w/Apple	Turkey/Beef/Veggie Meatballs, Mash potatoes, and Veggies	Pizza Party! Served with Family Style Veggies and		
Bread	Chicken Tenders/Veggie Nuggets, Jasmine Rice, and Veggies w/ Orange Wedges	Fish Sticks, Egg Noddles in Alfredo Sauce w/Apple Slices Vegetarian Option: Spanakopita, Egg Noddles in Alfredo Sauce w/Apple Slices	Turkey/Beef/Veggie Meatballs, Mash potatoes, and Veggies w/ Melon Slices	Pizza Party ! Served with Family		
Bread Veggies	Chicken Tenders/Veggie Nuggets, Jasmine Rice, and Veggies w/ Orange Wedges Vegetarian Option: Veggie Nuggets Jamine Rice, and Veggies w/ Orange	Fish Sticks, Egg Noddles in Alfredo Sauce w/Apple Slices Vegetarian Option: Spanakopita, Egg Noddles in Alfredo	Turkey/Beef/Veggie Meatballs, Mash potatoes, and Veggies w/ Melon Slices Vegetarian Option: Veggie Meatballs, Mash potatoes, and Veggies w/Melon	Pizza Party! Served with Family Style Veggies and		
Bread Veggies	Chicken Tenders/Veggie Nuggets, Jasmine Rice, and Veggies w/ Orange Wedges Vegetarian Option: Veggie Nuggets Jamine Rice, and Veggies w/ Orange Wedges TERRIFIC TUESDAY	Fish Sticks, Egg Noddles in Alfredo Sauce w/Apple Slices Vegetarian Option: Spanakopita, Egg Noddles in Alfredo Sauce w/Apple Slices	Turkey/Beef/Veggie Meatballs, Mash potatoes, and Veggies w/ Melon Slices Vegetarian Option: Veggie Meatballs, Mash potatoes, and Veggies w/Melon	Pizza Party! Served with Family Style Veggies and		
Bread Veggies Apple Slices HAPPY MONDAY Marinara Pasta w/ Italian	Chicken Tenders/Veggie Nuggets, Jasmine Rice, and Veggies w/ Orange Wedges Vegetarian Option: Veggie Nuggets Jamine Rice, and Veggies w/ Orange Wedges TERRIFIC	Fish Sticks, Egg Noddles in Alfredo Sauce w/Apple Slices Vegetarian Option: Spanakopita, Egg Noddles in Alfredo Sauce w/Apple Slices Lunch Week # 4	Turkey/Beef/Veggie Meatballs, Mash potatoes, and Veggies w/ Melon Slices Vegetarian Option: Veggie Meatballs, Mash potatoes, and Veggies w/Melon Slices	Pizza Party! Served with Family Style Veggies and Fruit Salad FABULOUS FRIDAY Pizza Party!		
Bread Veggies Apple Slices HAPPY MONDAY Marinara Pasta w/ Italian Bread Veggies	Chicken Tenders/Veggie Nuggets, Jasmine Rice, and Veggies w/ Orange Wedges Vegetarian Option: Veggie Nuggets Jamine Rice, and Veggies w/ Orange Wedges TERRIFIC TUESDAY Chicken Tenders/Veggie Nuggets, Jasmine Rice, and Veggies w/	Fish Sticks, Egg Noddles in Alfredo Sauce w/Apple Slices Vegetarian Option: Spanakopita, Egg Noddles in Alfredo Sauce w/Apple Slices Lunch Week # 4 AMAZING WEDNESDAY Fish Sticks, Egg Noddles in Alfredo Sauce w/Apple	Turkey/Beef/Veggie Meatballs, Mash potatoes, and Veggies w/ Melon Slices Vegetarian Option: Veggie Meatballs, Mash potatoes, and Veggies w/Melon Slices AWEŞOME THURŞDAY Turkey/Beef/Veggie Meatballs, Mash potatoes, and Veggies and Veggies	Pizza Party! Served with Family Style Veggies and Fruit Salad FABULOUS FRIDAY Pizza Party! Served with Family Style Veggies and		
Bread Veggies Apple Slices HAPPY MONDAY Marinara Pasta w/ Italian Bread	Chicken Tenders/Veggie Nuggets, Jasmine Rice, and Veggies w/ Orange Wedges Vegetarian Option: Veggie Nuggets Jamine Rice, and Veggies w/ Orange Wedges TERRIFIC TUESDAY Chicken Tenders/Veggie Nuggets, Jasmine Rice, and Veggies w/ Orange Wedges	Fish Sticks, Egg Noddles in Alfredo Sauce w/Apple Slices Vegetarian Option: Spanakopita, Egg Noddles in Alfredo Sauce w/Apple Slices Lunch Week # 4 AMAZING WEDNESDAY Fish Sticks, Egg Noddles in Alfredo Sauce w/Apple Slices	Turkey/Beef/Veggie Meatballs, Mash potatoes, and Veggies w/ Melon Slices Vegetarian Option: Veggie Meatballs, Mash potatoes, and Veggies w/Melon Slices AWESOME THURSDAY Turkey/Beef/Veggie Meatballs, Mash potatoes, and Veggies w/ Melon Slices	Pizza Party! Served with Family Style Veggies and Fruit Salad FABULOUS FRIDAY Pizza Party! Served with Family		

Snacks

FRESH FRUIT - PRETZELS - TRAIL MIX - GOLDFISH - VEGGIE STRAWS - YOGURT - JELLO W/ FRUIT-RICE PUDDING- APPLE SAUCE -CRACKERS - ANIMAL CRACKERS - GRANOLA - RICE CAKES - BREAD PUDDING - HUMMUS - TURKEY WRAPS

> We offer Milk and Water with Every Meal We Offer Fresh Seasonal Fruits and Veggies with Breakfast and Lunch

Note: You are welcome to send food from home if the above options are not suitable for your child.